



## Call Emmy

*Babysitting Checklist - Use this checklist as a guide to get to know the family and their expectations. Feel free to add your own questions to this list.*

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- Name of the child(ren)
- Age of the child(ren)
- Allergies
- Nap times
- Meal times
- Snack times
- Bedtime routine
- Favorite activities
- What meals and snacks are allowed? What meals and snacks are not allowed?
- Screen-time guidelines
- Bathroom procedures (if any)
- Where the diapers are (if applicable)
- Doctor's name
- Doctor's phone number
- Doctor's address
- Mom's cell phone number
- Dad's cell phone number
- In case of an emergency, call \_\_\_\_\_
- Expectations from parents regarding updates from the sitter:
  - Text or Call?
  - How many times during the job?
- Any other expectations from the parents during the gig?
  - Start a load of laundry?
  - Run dishwasher?
  - Vacuum children's play area?
  - Other?
- What is the parents' expected return time? **IF YOU DO HAVE TO LEAVE BY A CERTAIN TIME, PLEASE BE SURE TO COMMUNICATE THAT TO THE PARENTS BEFORE THE BOOKING BEGINS.**